SENIOR SPARKS

Mansfield Senior Center Newsletter

~ Special Edition February 2021 ~

COVID-19 Vaccine Information

How you can schedule your vaccine:

- VAMS is the Vaccine Administration Management System an online scheduling portal hosted by the
 State Department of Public Health that allows individuals with an email address and access to a
 computer to create an account, log-in, and search for a vaccine clinic near them. After you register with
 VAMS at dphsubmissions.ct.gov/OnlineVaccine you can access many providers' vaccine scheduling
 systems
- Schedule a vaccination directly through a participating health provider.

UConn Health: Clinic locations in Farmington, CT Contact: 860.679.5589

Hartford Healthcare: Several locations across the state. Contact: 860.827.7690

Yale New Haven Health: Several locations across the state Contact: 1.833.275.9644

Walgreens: Several locations across the state

- Call the CT COVID Vaccine Appointment Assist Line at 877.918.2224 Mondays through Fridays from 8:00 a.m. to 4:30 p.m. Due to high volume of calls, this option is only recommended for individuals who have not had success with the above options.
- If you are a veteran, contact your Veterans' Administration Office directly to schedule your vaccination. If you need technology assistance or to schedule an in-person technology appointment, call the Senior Center at 860-487-9875 or the Mansfield Public Library at 860-423-2501. If you need transportation to an appointment, call Yamil Figueroa at 860-487-9875.

AARP Tax Preparation Appointments begin Wednesday, February 17th

AARP tax appointments will be done using a combination of pre-filled forms, scanned documents, and tax return preparation done remotely with voice and email interaction. You will need an email, telephone, and access and familiarity with a computer to fill out forms and review your tax return when it is complete. Priority will be given to Mansfield residents and spaces are limited. You must have filed your 2018 or 2019 taxes at the Mansfield Senior Center. Please call 860-429-0262 to schedule an appointment. We do not endorse, sponsor, or recommend any particular tax preparation services.

However, here are some local resources you can use at your own discretion:

H&R Block (locations in North Windham, Willimantic, and Coventry)

Jackson Hewitt (locations in Willimantic and North Windham)

Liberty Tax (locations in Vernon and Manchester)

Mansfield Senior Center 303 Maple Road, Mansfield, CT 06268 Tel: 860-429-0262 Website: www.mansfieldct.gov/seniors



Tel: 860-429-0262 Fax: 860-429-3905

www.mansfieldct.gov/seniors

Hours:

Monday through Friday 8:30am to 4:30pm

Senior Center Supervisor:

Sarah Taylor 860-487-9874 Taylors@mansfieldct.org

Program Coordinator:

Mary Flood 860-487-9872 Floodmh@mansfieldct.org

Program Assistant:

Jordan Dabkowski 860-487-9877 Dabkowskij@mansfieldct.org

Outreach Coordinator:

Yamilmarie Figueroa 860-487-9875 Figueroay@mansfieldct.org

Site Server:

Sharon Caron 860-487-9876 Carons@mansfieldct.org

Free Wifi Access

We have extended our Wifi out to our front parking lot for public use! Choose "MnsfldGuest," no password needed, to access free Wifi from your vehicle! Happy February! With the vaccine rolling out and winter's end in sight, we're feeling hopeful & encouraged that better days are ahead! Join us this month and "Spread the Love!" Connect with us in one of our fantastic online programs, Meet the Town Manager virtually, stop by for a pick-up Luncheon or take a walk around the world! And please remember, if you or anyone you know needs any support at all, we are here for you – just give us a call!



With love always, Sarah, Sharon, Mary, Jordan and Yamil



Drive Thru Valentine's Day Celebration

~Friday, February 12th at 11:30am~ Snow date: Thursday, February 18th

~Menu~

Ham, Mac & Cheese, Baked Beans, and Cherry Pie for Dessert!

\$5 per person

Show yourself some love this Valentine's Day by treating yourself to this delicious meal!

Please wear a mask and stay in your car during pickup.

Payment accepted at time of pickup. Check made out to "Town of Mansfield" or exact change only.

Registration is required by 2/8 and spaces are limited. Please call Jordan at 860-487-9877 to sign up.

Drive Thru Fancy Friday Meal ~Friday, February 26th at 11:30am~ Snow date: Friday, March 5th

~Menu~

Baked Salmon, Herb Roasted Potatoes, Brussels Sprouts, and Lemon Meringue Pie for Dessert!

\$5 per person

Please wear a mask and stay in your car during pickup. Payment accepted at time of pickup. Check made out to "Town of Mansfield" or exact change only.

Registration is required by 2/19 and spaces are limited. Please call Jordan at 860-487-9877 to sign up.

Online Programs

Join us for our online programming using your smart phone, tablet, or computer! Call Mary Flood at 860-487-9872 for information on how to get started!

Sing-Along Group Mondays at 11:00am

Come to sing or just listen to your peers!
Zoom Meeting ID: 893 1592 2993
Password: 4wjSeP

Genealogy Social Hour Monday, February 8th at 2:00pm

Have you always wanted to build a family tree, to know more about your relatives, received a DNA Kit over the holidays? It's a new year, the perfect time to join our Genealogy Group for some lively conversation with friendly people. All levels are welcome, from newbie to seasoned family researchers.

Zoom Meeting ID: 824 7358 8667 Password: 0EF8QS

Virtual Movie Night Monday, February 22nd at 4:00pm

On Washington's birthday, we will watch The Crossing via Zoom. It is the story of George Washington and the Battle of Trenton, a pivotal moment in the Revolutionary War. Zoom Meeting ID: 842 9468 0006

Password: Bp9E8V

Trivia

Tuesdays at 3:00pm

Do you know a little about a lot? Put those skills to the test!

Meeting ID: 838 4457 1268 Passcode: 6U7SXf

Social Hour

Wednesdays at 1:00pm

Join our chatty social hour every week with a special guest every second Wednesday of the month! Town Manger Ryan Aylesworth will join our Social Hour on Wednesday, February 10th. He is anxious to meet Mansfield Seniors and hear your thoughts and concerns.

Zoom Meeting ID: 844 8033 3179 Password: 3iYuap

Yoga with Angie Thursdays at 10:00am

Experience the many health benefits of this gentle restorative practice.

Zoom Meeting ID: 853 6786 5877 Password: 547590

Music and Monarchs Thursdays at 11:00am

We will explore the life and works of great composers and movies that present the life and times of famous, and infamous, Kings and Queens.

Zoom Meeting ID: 886 4095 8899

Password: vf1n1J

Bingo

Fridays at 1:00pm

Contact Mary Flood at 860-487-9872 to get a bingo card! Zoom Meeting ID: 884 6725 2846

Password: 6U7SXf

Outreach and Transportation with Yamil Figueroa

As the Outreach Coordinator, Yamil provides outreach and support to seniors in the community, as well as coordinates the Transportation Program. She will be able to assist you in a variety of ways as well as give you information and/or refer you to other programs if needed to provide the best service possible. Call Yamil about:

- Nutritional Assistance
- Insurance Information
- Caregiver Resources
 - Benefits Checkup
- Information on Home Care/Respite Care
 - Senior Housing options
 - Nursing Home Placement
 - Protective Services
 - Caregiver Support Groups
 - Energy Assistance
 - Renters Rebate
 - Safe Link / Assurance

Additionally, Yamil coordinates the Transportation Program, which provides free, accessible transportation to medical appointments for Mansfield residents ages 60 and above, and those adults deemed disabled by social security. This program is offered for medical appointments and some errands within a 30 mile radius and will need a reservation made at least 7 days prior to your appointment.

You can reach Yamil at 860-487-9875 or figueroay@mansfieldct.org.

Around the World

Sick of not being able to travel? Let's take a virtual walk around the world. Each week you will receive a new itinerary with information about that week's walk and video links to learn more. Our first walk is in Britain and will highlight some wonderful scenery.

Contact Mary Flood at 860 487 9872 or floodmh@mansfieldct.org to sign on to this globetrotting activity.

February Craft

Capture the luck of the Irish with a
Shamrock Wreath! This craft is beginnerfriendly but will leave you with a
beautiful decoration for your front door!
Pick up your craft kit on or after February
17th. Please contact Mary at
floodmh@mansfieldct.org or
860-487-9872 to sign up.

Hartford Healthcare Virtual Dementia Caregivers Support Group

Mondays at 10am, Tuesdays at 3pm, Wednesdays at 10am & Fridays at 2pm

To join the virtual meeting, call 860-972-6338, access code 19623. No RSVP needed. For more information, please call 877-424-4641















Looking for some friendly conversation?

We are considering initiating a Social Call program where volunteers would reach out to seniors once or twice a week just for friendly conversation.

If you would be interested in participating as either a volunteer or call recipient, contact Mary Flood at 860-487-9872 or floodmh@mansfieldct.org.

NEWSLETTER SPONSORS

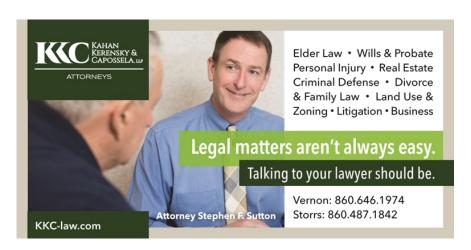
FERRIGNO, REALTORS
1734 STORRS ROAD
STORRS, CT 06268
WWW.FERRIGNOREALTORS.COM

Healing Earth Natural Health, LLC Fran Storch N.D. 476 Storrs Rd., Mans Ctr, CT 06250 860-423-2759

G.M. THOMPSON & SONS 54 MIDDLE TPK MANSFIELD DEPOT, CT 06251 Tel: 860-429-9377

Andrew Maines Construction Home Improvements Large or Small Licensed and Insured Storrs, CT 860-208-3689





PLEASE BE SURE TO PATRONIZE AND THANK OUR SPONSORS THEY HELP MAKE THIS NEWSLETTER POSSIBLE!

YOUR BUSINESS COULD BE HERE!

12 ISSUES OF ADVERTISING:

FOUR LINES FOR \$100.00. BUSINESS CARD SIZE FOR \$300.00.

For more information, please contact the Human Services office at 860-429-3315.

Mansfield Senior Center 303 Maple Road Mansfield, Connecticut 06268

Postmaster: Dated Material Please Deliver Promptly

PUT LABEL IN THIS BLOCK TO COVER AREA

STAY CONNECTED & INFORMED

Town of Mansfield

www.mansfieldct.gov

Eastern Highlands Health District

www.ehhd.org

Center for Disease Control

www.cdc.gov

Medicare

www.medicare.gov

211 CT Infoline

www.211ct.org

Senior Resources Agency on Aging

seniorresourcesec.org

WRTD Dial-A-Ride Transportation

www.wrtd.org or 860-456-1462

Sparks Subscription

Please Note:
The date on your label is your renewal date.

Date:_____ Phone:_____

Name:_____

Mailing address:_____

Town:____ Zip:____

Renewal:____ New:____

\$12.00 for 12 issues

Amount Enclosed:_____

Please make checks payable to

Town of Mansfield

Mansfield Senior Center